

TARGET RANGE/LUNCH

April 2019



Monday	Tuesday	Wednesday	Thursday	Friday
1 Calzone w/Marinara Sauce, Chicken Tortilla Soup, Ex-Ray Vision Carrots, Orange Smiles	2* "Take Me Out To The Ball Game"... Beef Hot Dog, Curly Fries, Baked Beans, Juice	3 Chicken Parmesan, Garlic Noodles, Caesar Salad, Sweet Applesauce	4 "You Asked For It" Mac-n-Cheese,* Pretzel, "Lick Your Bowl Clean Broccoli Salad", Polar Blueberries	5 Chicken Leg, Baked Potato, <>MT Cherry Crisp, Creamy Confetti Coleslaw, Pineapple Tidbits
8 Breakfast-4-Lunch Pancakes, Tri-Tators, Sausage Links, Cucumber Coins, Juice	9 Chicken Alfredo w/a Twist, <>*Doc's Chocolate-Huckleberry Zucci Muffin, Caesar Salad or Romaine Calm Salad, Craisins	10 Wear Orange Wednesday... BBQ Pork Rib Sandwich, Baked Beans, Creamy Dreamy Coleslaw, Crustless Apple Pie	11 Toasted Cheese Sandwich, Tomato Basil Soup, Peas & Carrots, Fruit Cup	12 Tiger's Pizza, Carrots & Celery w/Dip, Melon Cup
15 Prairie Dog (Corn Dog), Fries, Veggie Cup, Apples or Craisins	16 Cinnamon Roll, *Chicken Caesar Salad or Romaine Calm Salad, Juicy Pears	17 Tiger Nacho's, Refried Beans, Black Bean Corn Salsa, Cheese Stick, Cucumber Coins, Juice	18 Chicken Noodle Soup, !! PBJ , Ex-Ray Vision Carrots, Saucy Blueberries	19* Fish Taco, Mexicali Corn, Apple Churro, Pineapple-Mandarin Orange Cup
22 Lasagna Roll-Up, Garlic Toast, Caesar or Romaine Calm Salad, Sweet & Juicy Pears	23 HOM Dipping Cheese Sticks & Marinara, <> Taco Soup, Golden Corn, Apple	24 "Slammin" Burger, Sweet-Sweet Fries, Tomato-Cucumber Salad, Melon Cup	25 Chicken Teriyaki Brown Rice Bowl, Egg Roll, Fortune Cookie, *Teriyaki Green Beans & Carrots, Mandarin Oranges	26 Chicken-n-Waffles, Fries, Crunchy Carrot & Cucumber Coins & Dip, Whole Fruit Juice Cup
29 French Bread Pizza, *White Bean Chicken Chili, Sweet Corn, Sweet Applesauce	30 Mega-Tiger Meatball, W/G Roll, Romaine Calm Salad or Caesar Salad, Grapes	!! Substitutions available for allergies <> Locally Sourced * Trying Something New		\$2.65 Hot Lunch or Salad Bar \$.40 Reduced Lunch \$3.30 Adult/Staff/Guest

Beef is this month's Harvest of the Month. Did you know...

- Montana is home to more cattle than people and ranks 6th in the nation for the number of beef cattle.
- Cattle are ruminants, meaning their stomachs have four chambers. Typically cattle are raised in pastures until they are at least one year old. Then they are sold and transported for "finishing," which means they are usually fed a grain-based diet to increase weight and fat marbling. Some cattle are raised entirely on pasture or are "finished" on grass and are called grass-fed or grass-finished.
- **Menu Subject to Change w/o Notice**

*****APRIL 8th-12th*** is Fight Childhood Hunger Week. This is exclusive to Montana to help raise awareness of child hunger. 43,000 Children in MT struggle with hunger. The color **ORANGE** represents child hunger awareness. Please join us wearing **ORANGE** on **April 10th** to help show Target Range is standing united in reducing childhood hunger.**

