

Target Range School - BREAKFAST

April 2021



*Menu subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Allergies accommodated</p> <p>All meals are FREE</p>	<p>1% milk offered every day</p>		<p>1</p> <p>French Toast Bar Frozen Fruit Juice Pop Banana</p>	<p>2</p> <p>Granola Bar Graham Crackers Juice Applesauce</p>
<p>5</p> <p>Pop Tart Fruit Juice Cheese Cubes</p>	<p>6</p> <p>Egg, Cheese Omelet Wrap Dried Apple Slices</p>	<p>7</p> <p>Bagel Cream Cheese <i>Sour Raisels</i></p>	<p>8</p> <p>Mini Pancakes Sausage Links Raisins</p>	<p>9</p> <p>Cereal Chocolate Chip Muffin Frozen Fruit Juice</p>
<p>12</p> <p>Cereal Fruit Juice String Cheese</p>	<p>13</p> <p>Breakfast Burrito <i>Craisens</i></p>	<p>14</p> <p>Yogurt Cup Strawberry Granola Fresh Clementine</p>	<p>15</p> <p>Mini Blueberry Waffles Sausage Links Raisins</p>	<p>16</p> <p>Cereal Banana Blueberry Muffin</p>
<p>19</p> <p>Pop Tart Fruit Juice Cheese Cubes</p>	<p>20</p> <p>Egg, Cheese Breadstick Applesauce</p>	<p>21</p> <p>Oatmeal Chocolate Chip Bar Peanut Butter Banana</p>	<p>22</p> <p>Cinnamon Twist Fruit Cup</p>	<p>23</p> <p>NO SCHOOL</p>
<p>26</p> <p>Cereal Fruit Juice String Cheese</p>	<p>27</p> <p>Pancake on a Stick <i>Craisens</i></p>	<p>28</p> <p>Warm Buttery Biscuit Strawberry Jam Fresh Orange</p>	<p>29</p> <p>Mini Pancakes Sausage Links Raisins</p>	<p>30</p> <p>Cereal Banana Oatmeal Cinnamon Chip Bar</p>

Chickpeas are this month's Harvest of the Month. Did you know...

- Chickpeas, also called garbanzo beans, have been enjoyed as a nutritious food source for 7,000 years. The name chickpea comes from their similarity of appearance to a chick's beak.
- Chickpeas are a nutrient powerhouse. They are an excellent source of many nutrients including potassium, calcium, iron, vitamin B-6, and magnesium.
- Montana's production of chickpeas is growing. In 2016, Montana farmers harvested 254,000 acres of chickpeas.

To learn more about Montana Harvest of the Month visit: www.montana.edu/mtharvestofthemoth

