

Target Range Menu - LUNCH

February 2021

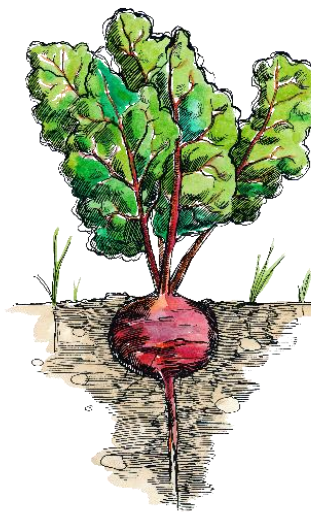


Monday	Tuesday	Wednesday	Thursday	Friday
1 Hot Dog and Peanut Butter & Jelly	2 Pepperoni Pizza with Caesar Salad	3 BBQ Pork Sandwich with Coleslaw **	4 Fish and Chips with Pretty Peas!	5 Breakfast for Lunch!
8 Hot Dog and Peanut Butter & Jelly	9 Spaghetti and Meatballs with Caesar Salad	10 Cheeseburger and Fries with Coleslaw **	11 Cheesy Chicken and Rice Burritos with Black Bean Salad	12 Breakfast for Lunch featuring Valentine's Day Soup ***Sweet Beet Borscht!
15 President's Day- NO SCHOOL	16 Cheesy Bread and Tomato Soup with Caesar Salad	17 Crispy Chicken Sandwich with Coleslaw **	18 Orange Chicken Stir-Fry with Asian Slaw	19 Breakfast for Lunch!
22 Corn Dog and Peanut Butter & Jelly	23 Lasagna with Caesar Salad	24 Beef Stroganoff with Coleslaw **	25 Ground Beef Tacos with Black Bean Salad	26 Breakfast for Lunch!

Beets are this month's Harvest of the Month. Did you know...

- Beets are in the vegetable food group.
- While different in nutrient composition and culinary use, sugar beets are an important part of Montana's economy. Montana is a top producer of sugar beets, harvesting nearly 1.5 million tons from 44,000 acres in 2014!
- The color of beets roots can range from dark purple to bright red, yellow or white. When cut transversely, the roots show light and dark rings, sometimes alternating. The Chioggia beet is red and white-striped and is nicknamed the "candy cane" beet.

To learn more about Montana Harvest of the Month visit:
www.montana.edu/mtharvestofthemoth



**Chocolate Milk Day

***Harvest of the Month

-Milk, fresh fruits, and veggies offered every day.

-Peanut Butter & Jelly available

-Allergies accommodated

-All Meals are FREE!