

REMOTE MEAL PICK-UP SCHEDULE January 2021



Monday	Tuesday	Wednesday	Thursday	Friday
<p>REMOTE LEARNERS: If you haven't already, please sign up for pick-up using link on the TR homepage</p>				1 New Year's Day!
4	5 MEAL PICK UP 11:30 am – 1:00 pm	6	7	8 MEAL PICK UP 11:30 am – 1:00 pm
11	12 MEAL PICK UP 11:30 am – 1:00 pm	13	14	15 MEAL PICK UP 11:30 am – 1:00 pm
18 MLK Day No School	19 MEAL PICK UP 11:30 am – 1:00 pm	20	21	22 MEAL PICK UP 11:30 am – 1:00 pm
25	26 MEAL PICK UP 11:30 am – 1:00 pm	27	28	29 MEAL PICK UP 11:30 am – 1:00 pm

Carrots are this month's Harvest of the Month. Did you know...

- Carrots are in the vegetable food group.
- Today carrots come in many colors including purple, black, yellow, orange, red, and white and also range in size from a round 2-inch carrot to a slender 3-foot carrot!
- The average person eats 17 pounds of carrots per year. How many pounds of carrots do you eat?

To learn more about Montana Harvest of the Month visit:
www.montana.edu/mtharvestofthemoth



**Hot meal of the day served at pick-up. Remaining meals shelf stable or frozen.

-Milk and at least 2 servings of fruits and veggies served every day.

-Allergies accommodated!

-All Meals are FREE