

Target Range/Lunch

February 2019



Monday	Tuesday	Wednesday	Thursday	Friday
\$2.65 Hot Lunch or Salad Bar .40 Reduced \$3.30 Adult/Staff/Guest	<ul style="list-style-type: none"> ◆ <> Contains MT Grown Items ◆ <>*Harvest of the Month (Beets) 			1 Chicken Parmesan w/Marinara Overboard, MT Texas Toast, Savory Green Beans, Grapes
4 Toasted Grilled Cheese, Tomato Basil Soup, Peas & Carrots, Smooth Applesauce	5 "Slammin" Burger, Sweet-Sweet Fries, Tomato/Cucumber Salad, Raisels	6 Chicken Alfredo w/a Twist, <> Delectable Brownie, Caesar Salad, Sweet Pears 5 th Grade Ski Trip	7 Cinnamon Roll, Cow-A-Bunga Chili, Veggie Cup, Mixed Fruit Cup	8 Tiger Nacho's, Refried Beans, Black Bean Corn Salsa, Cheese Stick, Winter's Salad, Juice
11 Prairie Dog (Corn Dog), Fries, Carrot Dunkers w/ Dip, Apples & Oranges	12 Crispy Chicken Leg, Baked Potato, Garlic Toast, <> MT Cherry Crisp, Golden Peaches	13 BBQ Pork Rib Sandwich, Cowboy Baked Beans, Creamy Cole Slaw, Pineapple Tidbits 5 th Grade Ski Trip	14 "Love Me Tenders" Chicken & Waffles, <>* You Make My Heart Beet Slaw, Veggie Cup, Forever Strawberries	15 Tiger Cheese Pizza, Winter Storm Salad, Apple Crisps or Craisins
18 No School Today	19 Breakfast-4-Lunch, Pancakes, Sausage Links, Potato Triangles, Breezy Romaine Salad, Juice Cup	20 Teriyaki Chicken Brown Rice Bowl, Egg Roll, Asian Slaw, Fortune Cookie, Mandarin Orange Cup	21 The Clux-Deluxe (Chicken Sandwich), Seasoned Fries, Ex-Ray Vision Carrots, Grapes	22 "You Asked For It" Mac-n-Cheese, <> Doc's Zucci Cake, Mixed Up Veggies, Sweet Applesauce 6 th -8 th Middle School Ski Trip
25 Chicken Noodle Soup, !! PBJ, Give Peas A Chance, Polar Blueberries !! Substitutions for Allergies	26 Burrito, Chicken Tortilla Soup, Carrot Dippers, Sweet-Juicy Pears	27 Mashed Potatoes w/Pork & Gravy, W/G Roll, Green Beans, Fruit Cup	28 French Bread Pizza, Taco Soup, Romaine Calm Salad, Peaches & Pears	

Beets are this month's Harvest of the Month. Did you know...

- Beets are in the vegetable food group.
- While different in nutrient composition and culinary use, sugar beets are an important part of Montana's economy. Montana is a top producer of sugar beets, harvesting nearly 1.5 million tons from 44,000 acres in 2014!

Beets have the highest sugar content of any vegetable but are

- packed with nutrients!

Menu Subject to Change w/o Notice

