

# TARGET RANGE/BREAKFAST

## AUG-SEPTEMBER, 2018



Menu Subject to Change w/o Notice

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast (Traditional and Breakfast Carts) = \$1.30 Guest & Staff = \$1.80 Reduced = \$.30 & Free=Free to those who qualify. Milk Only=\$.45	Students have their choice of the main entrée or W/G Cereal, Bars, Muffins with Choice of Fruit-Fresh, frozen, canned or 100% Juice & F.F./1% Unflavored Milk Daily	29 W/G Cinnamon Roll, Choice of Fruit & Milk	30 W/G Tiger Muffin (Egg, Cheese & Ham) Sandwich, Choice of Fruit & Milk	31 W/G Scrumptious Coffee Cake (Made in House), Choice of Fruit & Milk
3 <b>NO SCHOOL TODAY</b> PowerHouse (4 <sup>th</sup> -5 <sup>th</sup> ) & ReCharge Stations (6 <sup>th</sup> – 8 <sup>th</sup> ) ** <b>OPEN TOMORROW</b>	4 Sausage & Egg Bagel PowerHouse & ReCharge Stations are <b>OPEN TODAY....</b>	5 W/G Long John (Maple Bar), Choice of Fruit & Milk	6 W/G Tiger Muffin (Egg, Cheese & Ham) Sandwich, Choice of Fruit & Milk	7 Egg Taco (Eggs, L/F Cheddar Cheese & Crisp Taco Shells), Choice of Fruit & Milk
10 W/G Pumpkin Chocolate Chip Muffin (Made In House), Cheese Stick, Choice of Fruit & Milk	11 Sausage & Egg Bagel, Choice of Fruit & Milk	12 W/G Cinnamon Roll, Choice of Fruit & Milk	13 W/G Tiger Muffin (Egg, Cheese & Ham) Sandwich, Choice of Fruit & Milk	14 Breakfast Parfait w/ Yogurt, Granola, Fruit & Breakfast Bark, Choice Of Milk
17 Cheesy Zucchini Bake (quiche), Choice of Fruit & Milk <b>Taste Tester Approved (3<sup>rd</sup> Grade) asked to put on menu.</b>	18 Sausage & Egg Bagel, Choice of Fruit & Milk	19 W/G Long John (Maple Bar), Choice of Fruit & Milk	20 W/G Tiger Muffin (Egg, Cheese & Ham) Sandwich, Choice of Fruit & Milk	21 W/G French Toast Bake (Made in House), Choice of Fruit & Milk
24 Healthy W/G Blueberry Muffins (Made in House), Choice of Fruit & Milk	25 Sausage & Egg Bagel, Choice of Fruit & Milk	26 W/G Cinnamon Roll, Choice of Fruit & Milk	27 W/G Tiger Muffin (Egg, Cheese & Ham) Sandwich, Choice of Fruit & Milk	28 W/G Scrumptious Coffee Cake (Made in House), Choice of Fruit & Milk

WELCOME BACK TIGERS!! On September 4<sup>th</sup> the PowerHouse Station & ReCharge Station will **OPEN UP** for the 2018-2019 school year. In 2015-2016 we implemented the 2<sup>nd</sup> Chance Breakfast after noticing students often came later in the morning hungry. With the help of the Administration, School Board, Teachers and a grant we were able to get it up and running later that fall. 4<sup>th</sup>-8<sup>th</sup> Grade students now have the opportunity to eat breakfast a little later on in the morning...when they are hungry and their energy is fading. The cost is the same as the “traditional” breakfast \$1.35 or free & reduced for those who qualify. Last year your Target Range Kitchen served 34,752 breakfasts! It’s great to see the Tigers start their day by “fueling” up...we know it’s hard to learn and focus when you are hungry.