

TARGET RANGE/ LUNCH



March 2019



Monday	Tuesday	Wednesday	Thursday	Friday
Hot Lunch/Salad Bar \$2.65 Reduced Lunch \$.40 Adult/Staff/Guest \$3.30 ♦ HOM or MT Items				1 Burrito, Chicken Tortilla Soup, Golden Corn, Cantaloupe
4 Chicken Parmesan w/Marinara Overboard, Garlic Noodles, Ex-Ray Vision Carrots, Juicy Pears	5 "Slammin Burger", French Fries, Veggie Cup, Orange Smiles	6 Tiger Nacho's, Refried Beans, Black Bean Corn Salsa, Cheese Stick, Lick Your Bowl Clean Broccoli Salad, Juice	7 Chicken Alfredo w/a Twist, Juicy Green Beans or Caesar Salad, <> Delectable Brownie, Apple Wedges	8 Tiger Pizza, Cucumbers & Dip or Romaine Salad, Fruit Cup
11 Breakfast-4-Lunch...Pancakes, Potato Tri-Angles, Broccoli & Cauliflower, Sausage Links & Juice	12 Lasagna Roll-Up, Garlic Toast, Caesar Salad, Applesauce	13 Cinnamon Roll, Cow-A-Bunga Chili, Juicy Corn, Melon Cup	14 Chicken Leg, Baked Potato, Winter's Salad, W/G Roll, Apple & Orange Smiles	15 HOM<> MT Purple Prairie Barley Soup, Dipping Cheese Sticks w/Marinara, Carrot Dippers, Sweet Pears
18<> Chicken Noodle Soup, PBJ, Say "Yes" Peas, Apple Wedges	19 Sliced BBQ Pork on a Bun, Baked Beans, Coleslaw, Pineapple Tidbits	20 Chicken-n-Waffles, Romaine Calm Salad, Celery Sticks, Polar Blueberries	21 Teriyaki Chicken Brown Rice Bowl, Egg Roll, Fortune Cookie, Green Beans, Mandarin Oranges	22 French Bread Pizza, Taco Soup, Carrots & Dip, Juice
25 NO SCHOOL THIS WEEK..... Grains are this month's Harvest of the Month. Did you know...	26 HAVE A SAFE & FUN BREAK.....	27 READ A GREAT BOOK!	28 HOPE YOU ARE ENJOYING YOUR TIME OFF.....	29 SEE YOU MONDAY!.....

- Grains make up their own food group.
- Wheat is classified by the season in which it is grown, hardness, color, and other factors. Spring wheat is planted in the spring and harvested in the late summer. Winter wheat is planted in the fall and harvested in the spring or summer, depending on the conditions.
- Kamut®, grown in Montana, is an ancient variety of wheat and is an excellent source of the mineral selenium.
- **Menu Subject to Change w/o Notice**

