

TARGET RANGE/ BREAKFAST

May 2019



| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|--|---|
| \$1.30 Breakfast & 4 th -8 th Breakfast Carts \$1.80 Guests & Staff \$.30 Reduced | Subject to Change w/o Notice | 1 Long John (Maple Bar) 4 TH GRADE F.T. 9:00-2:45 | 2 Tiger Muffin NO SCHOOL TODAY | 3 NO SCHOOL TODAY |
| 6 Pancake on a Stick | 7 Sausage-Egg Bagel | 8 Cinnamon Roll 5 th GRADE F.T. 11:45-2:15 | 9 Tiger Muffin | 10 French Toast Bake TRACK MEET 9:00-4:00 |
| 13 Yogurt Parfait 2 nd F.T. 9:00-1:00 | 14 Sausage-Egg Bagel | 15 Long John (Maple Bar) 5 TH GRADE MR RIES, F.T. 9:45-1:15 | 16 Tiger Muffin 5 TH GRADE MS MEYERS, F.T. 10:00-1:15 | 17 Scrumptious Coffee Cake 5 TH MS JACOBSON, F.T 9:45-1:15 |
| 20 Top of the Morning Breakfast Casserole (hash browns, eggs & sausage) | 21 Sausage-Egg Bagel MEET OF THE CHAMPIONS 10:30-4:00 | 22 Cinnamon Roll | 23 Tiger Muffin 5 TH MR RIES, F.T. 8:30-12:00 | 24 French Toast Bake MS JACOBSON 11:30-3:30 & MS MEYERS 8:30-12:00 F.T. & 1 ST F.T. 8:45-2:45 |
| 27 NO SCHOOL TODAY..... | 28 Sausage-Egg Bagel 6 th F.T. 8:15-3:30 | 29 Long John (Maple Bar) | 30 Tiger Muffin 7 TH -8 TH F.T. Helena 6:00-6:00 6 th F.T. Bozeman 7:00-5:00 | 31 Scrumptious Coffee Cake KINDERGARTEN F.T. 9:00-2:00 7 th F.T. 9:15-3:15 8 TH SILVERWOOD |

Chickpeas are this month's Harvest of the Month food. Did you know...

- Chickpeas, also called garbanzo beans, have been enjoyed as a nutritious food source for 7,000 years. The name chickpea comes from their similarity of appearance to a chick's beak.
- Like other legumes, chickpeas have root nodules that fix nitrogen, which helps improve the soil. This bushy plant varies in height from 8 inches to 3 feet grows best in dry climates. Each pod contains 1-3 chickpeas.

